

Owens Valley Career Development Center

We are a dedicated American Indian Organization operating under a Consortium of Sovereign Nations

For current OVDC
Employment Opportunities, Job Descriptions,
RFP and Contract Opportunities visit:

www.ovcdc.com

or Contact us at:
1-800-924-8091

RFP and Contract Opportunities direct contact email:
contracts@ovcdc.com



OVDC is an equal opportunity
Tribal Consortium that provides
Indian Preference for all opportunities.



If you no longer wish to receive this newsletter, please call our office at 760-938-3355 to be removed from the mailing list.

Mission Statement

We are a dedicated American Indian organization operating under a consortium of Sovereign Nations. Owens Valley Career Development Center is providing the opportunity for improvements in the quality of life by focusing on education and Self Sufficiency while protecting, preserving, and promoting our Culture in the spirit of positive nation building for Native peoples of today and generations of tomorrow.



Big Pine TANF
P.O. Box 787
Big Pine, CA 93513

"Bringing Prosperity and Sustainability to Native Communities"



BIG PINE TRIBAL TANF Whispering Pines Newsletter

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May 2019

Big Pine TANF Staff

Site Manager - Interim
Michelle Jara-Rangel
Case Counselor
Taylor Richards
Administrative Assistant
Nel Booth
Site Project Coordinator
Shannon Dondero
Site Project Coordinator
Open

TANF Advisory Committee

Gertrude Brown-
Bishop Representative
Carl Hernandez-
Big Pine Representative
Jefferson Yonge-
Lone Pine Representative
Vacant
Ft. Independence
Representative
Margaret Cortez-
Timbisha Representative
Shane Salque-
Benton Representative
Janice Mendez-
Bridgeport Representative



Michelle Jara-Rangel

In March, Michelle became our Interim Site Manager. We appreciate all the knowledge Michelle has brought to our office. Here are a few words from her:

Hello Everyone! My name is Michelle (MJR), and I am the Interim Site Manager. I'm from Bakersfield, "the other side of the mountain," and am very excited to have the opportunity to work here in the Owens Valley and continue providing exceptional service to those we serve through OVDC TANF.

Prior to working for OVDC, I worked for Community Action Partnership of Kern, Child Education and Development Services for 15 years managing the eligibility and audit department. I have many years experience in management, planning, and program design. I am big on collaboration! I believe it is important to collaborate with all external community partners and internal partners, because it not only decreases duplication of services and helps to stretch our already strained budgets, but it creates lasting partnerships and hopefully friendships. My goal while I'm here at the Big Pine Site, is to strengthen established partnerships and to create new partnerships. My door is always open and I am looking forward to meeting the Big Pine Community!

Important Meeting Dates to remember:

Mother's Day - Sunday,
May 12th and
Memorial Day - Monday,
May 27th, All OVDC TANF
Offices Closed.

May 1st - Tribal Council Mtg.
6pm

May 6th - TERO Commission
Mtg. 6pm

May 7th - Land Assignment
Mtg. 6Pm

May 14th - Cultural Commit-
tee Mtg. 10am

May 14th - Enrollment Com-
mittee Mtg. 6pm

May 16th - Tribal Council Mtg.
6pm

May 22nd - Housing Commit-
tee Mtg. 6pm

May 28th - Utility Committee
Mtg. 6pm

All meetings will be held at the
Big Pine Tribe in the Tribal
Chambers



Effective Immediately

All Support Service Requests must be submitted to our office no later than 4:00pm on Wednesday's.

If we do not receive your SSR by Wednesday, you will not receive a payment the following Friday. Any SSR that is submitted must have all supporting documents attached. If the SSR fails to have the supporting documentation, it will be returned to you as incomplete along with a denial Notice of Action stating why it was returned.

If you have any questions regarding a denial Notice of Action, please contact your Case Counselor. Thank you!

What is TANF?

Temporary Assistance for Needy Families (TANF) program is designed to help needy families achieve self-sufficiency. States receive block grants to design and operate programs that accomplish one of the purposes of the TANF program.

Four Purposes of TANF

- 1.) To provide assistance to needy families so that their children may be cared for in their own homes. (Cash Aid)
- 2.) To end the dependence of needy parents on government benefits by promoting job preparation, work and marriage. (Cash Aid)
- 3.) To prevent and reduce out-of-wedlock pregnancies. (Prevention)
- 4.) To encourage the formation and maintenance of two-parent families. (Prevention)

Monthly Eligibility Reports—(MER)

MER's are due on or before the 10th of every month. If the 10th falls on a weekend, they're due the Friday before. If MER's are not received by the 10th, it will not be considered for early cash aid processing and will automatically be processed as late cash aid.

Early Cash Aid—aid received on the 1st of each month.

Late Cash Aid—aid received on the 10th of each month.

Please complete MER's with all necessary paperwork.

Incomplete MER's will be immediately returned to you requesting documentation. If you receive Child Support payments, please make sure you give us a copy of your child support payment or if you have received a gaming distribution check or income tax return; that too will need to accompany your MER, *(in most cases)*.



For questions or concerns regarding your case, please feel free to contact your case counselor at 760.938.3355. Thank you!

Pictures from some of our most recent activities!



Paint it Away



Game Day



Craft Day



Family Skiing



Family Rock Climbing

Any Community member is welcome to attend any TANF Prevention Activity, as long as there is a Native American minor who resides in the home; or if there is a Native American adult between the ages of 18 through 25 living in the home. If an activity is for TANF clients only, our flyers will state that. We welcome your presence at our activities and hope to see you there!

National Physical Fitness and Sports Month

Recommended Minutes of Physical Activity:

5-17 years—60 minutes Daily

18-64 years—150 to 300 minutes Weekly

65+ years—150 Minutes Weekly



Bike to School and Work Day !!

May 17th 2019

CLIP THESE OUT AND POST THEM UP WHERE THEY CAN REMIND YOU TO GET ACTIVE!!

- BATHROOM MIRROR
- NEAR THE DOOR
- OR EVEN NEAR THE T.V.!

May is Teen Pregnancy Prevention Month

Teen Pregnancy

Nearly all teen pregnancies are unplanned—that is, teens themselves say they did not intend to get pregnant or cause a pregnancy. More and more, teens are able to match their intentions with their actions. As a result of many factors—including increased access to sexual health information and birth control—the United States has seen a 70% decline in the teen birth rate since 1991, including profound declines in all 50 states and among all racial/ethnic groups. However, still about 210,000 teens still give birth each year, which is about 20 births for every 1,000 girls. Put another way, nearly two out of every 1,000 teen girls will have a child each year. Rates are higher among young people living in poverty, living in foster care, or facing persistent racism and discrimination. **The mere fact that teens don't want to get pregnant is reason enough to ensure that they have access to quality information and birth control.** Beyond that, however, preventing teen pregnancy helps expand opportunity, create positive social change, and allow young people to be stronger contributors to their communities. For example, the national graduation rate is a critical priority—yet nearly one-third of teen girls who have dropped out of high school cite early pregnancy or parenthood as a key reason. Only 40% of teen moms finish high school, and less than 2% finish college by age 30. Girls in foster care, already at risk of dropping out of high school, are 2.5 times more likely than their peers to get pregnant. Ensuring that all teens have quality information and access to birth control is one of the best strategies to boost the graduation rate. Consider this: between 2001 and 2009, while teen births were plummeting, the national graduation rate increased by 3.5 percentage points. Add in the positive impact that preventing teen pregnancy can have on so many other issues—reducing poverty **and improving young people's lifelong income, improving health and child welfare, supporting responsible fatherhood, and reducing other risky behaviors—and preventing teen pregnancy becomes not only a reproductive health issue but a national priority.** **What's more, daughters born to women in their 20's are three times less likely to become teen moms themselves compared with daughters of teen moms—so it is a change that ripples across generations.**

Making the Case for the Power to Decide

Having the power to decide if, when, and under what circumstances to get pregnant and have a child increases young people's opportunities to be mentally and physically healthy, to complete their education, and to pursue the future they want, on their own terms. But too many young people—especially those who are economically disadvantaged or marginalized—lack that power. Power, meaning to have the information and to access it without barriers. Young people need to know what contraception is right and to have full range of birth control methods where they live. 49 out of 50 women in need, live in what we call “contraceptive deserts.” Clinics are miles away, sometimes it can take an hour to get there—which means extra gas or bus fare, time away from school, unpaid time off work, extra child care, and the list goes on. Today, more than 19 million women eligible for publicly funded contraception just don't have access to the full range of birth control methods where they live. This is out of sync with what the majority of people in America want. Poll after poll shows that the majority of Americans—regardless of political or religious affiliation—think that birth control is a basic

part of women's health care and an important public investment. In short, the majority of Americans want women to have the power to decide if and when to get pregnant and have a child.

Unplanned Pregnancy

As a result of countless work being done, there have been historic declines in teen pregnancy and an 18% decline in unintended pregnancies among women in their 20's between 2008 and 2011. **That's worth celebrating—but more work remains to ensure that everyone has the power to decide.** Unlike many other health issues, unplanned pregnancy is completely preventable. Among the 1.3 million unplanned pregnancies annually, only 5% occurred in women using birth control carefully and consistently. **The other 95% of the time the couple didn't intend to get pregnant, but their behavior didn't match their intention.** The reasons for this are complex, but it often comes down to a lack of access to information and the full range of contraceptive options. **That's a problem we are determined to solve—for every young person in every community across the country.**

For more information, go to:

<https://powertodecide.org/what-we-do/information/why-it-matters>



May 2019 Activity Calendar

May is Teen Pregnancy Prevention Month



Sun	Mon	Tues	Weds	Thurs	Fri	Sat
	<ul style="list-style-type: none"> Big Pine TANF Activities Other OVCDC Program Activities; to include Sub-recipients Toiyabe Wellness Program ~ Open to all Community Members Big Pine Paiute Tribe Activities 		1 <u>Equestrian Lessons</u> Yoga 6-7pm BP Wellness Ctr.	2 Paiute Language Class 6pm BP Wellness Ctr. Strong & Steady 10:30-11:30am Strong by Zumba 5:30-6:30pm @ BP Wellness Ctr.	3 Full Body for Beginners 6:30-7:30pm @ BP Wellness Ctr.	4 Yoga 9:00-10am BP Wellness Ctr.
5	6 <u>Equestrian Lessons</u> Strong by Zumba 5:30-6:30pm BP Wellness Ctr.	7 <u>Family Empowerment 5:30-7:30pm @ ASMG</u> Strong & Steady 10:30-11:30am Full Body for Beginners 6:30-7:30pm Yoga 6-7:30pm—All @ BP Wellness Ctr.	8 Yoga 6-7pm BP Wellness Ctr.	9 Paiute Language Class 6pm BP Wellness Ctr. Strong & Steady 10:30-11:30am Strong by Zumba 5:30-6:30pm @ BP Wellness Ctr.	10 Full Body for Beginners 6:30-7:30pm @ BP Wellness Ctr.	11 <u>Family Fishing 9:00am-2:00pm TBA</u> Yoga 9:00-10am BP Wellness Ctr.
12	13 <u>Equestrian Lessons</u> Strong by Zumba 5:30-6:30pm BP Wellness Ctr.	14 <u>Family Basketball Night 5:30-7:30pm @ ASMG</u> Strong & Steady 10:30-11:30am Full Body for Beginners 6:30-7:30pm Yoga 6-7:00pm—All @ BP Wellness Ctr.	15 Yoga 6-7pm BP Wellness Ctr.	16 Paiute Language Class 6pm BP Wellness Ctr. Strong & Steady 10:30-11:30am Strong by Zumba 5:30-6:30pm@ BP Well-	17 Full Body for Beginners 6:30-7:30pm @ BP Wellness Ctr.	18 Yoga 9:00-10am BP Wellness Ctr.
19 <u>Rock Climbing @ June Lake Area 9am-2pm Depart from BP TANF @ 8am</u>	20 <u>Equestrian Lessons</u> Strong by Zumba 5:30-6:30pm BP Wellness Ctr.	21 <u>Employment Services Workshop 10:30-1pm @ Big Pine Wellness Center</u> Strong & Steady 10:30-11:30am Full Body for Beginners 6:30-7:30pm Yoga 6-7:00pm—All @ BP Wellness Ctr.	22 Yoga 6-7pm BP Wellness Ctr.	23 Paiute Language Class 6pm BP Wellness Ctr. Strong & Steady 10:30-11:30am Strong by Zumba 5:30-6:30pm @ BP Wellness Ctr.	24 Full Body for Beginners 6:30-7:30pm @ BP Wellness Ctr.	25
26 	27 <i>Memorial Day All OVCDC TANF Offices will be closed</i>	28 <u>Equestrian Lessons</u> Strong & Steady 10:30-11:30am Full Body for Beginners 6:30-7:30pm Yoga 6-7:00pm All @ BP Wellness Ctr.	29 Yoga 6-7pm BP Wellness Ctr.	30 Paiute Language Class 6pm BP Wellness Ctr. Strong & Steady 10:30-11:30am Strong by Zumba 5:30-6:30pm @ BP Wellness Ctr.	31	

This calendar may be subject to change or cancellation