

August  
2023

# Newsletter

Owens Valley Career and Development Center  
950 County Square Drive #211 Ventura, CA 93003.



## **Ventura's Staff:**

**Assistant Director:**

**Alisia Gonzales**

**Site Manager:**

**Dayna Barrios**

**Site Project Coordinator:**

**Sarah Moreno**

**Program Assistant:**

**Sierra Gambala**

**Family Advocate:**

**Magdalena Rodriguez**

## **Ventura Site Updates:**

- Cash Aid Reminders
- Community Resources
- Prevention Workshops
- August Calendar



Owens Valley Career  
Development Center



**OWENS VALLEY  
CAREER DEVELOPMENT  
CENTER TRIBAL TANF  
IS NOW SERVING VENTURA COUNTY**

# **ARE YOU OR SOMEONE IN YOUR FAMILY **NATIVE AMERICAN?****

## **TEMPORARY ASSISTANCE FOR NEEDY FAMILIES INCLUDE:**

- Monthly Cash Assistance
- Employment Services
- Vocational Training & Education
- Culturally Relevant work activities
- Prevention Programs
  - Youth Employment Services
  - Tutoring
  - Youth Leadership Development
  - Alcohol & Drug Prevention
  - Life Skills
  - Culturally Relevant Activities
  - Language Revitalization

## **SUPPORTIVE SERVICES INCLUDE:**

- Transportation Assistance
- Childcare Assistance
- Housing & Utility Assistance
- Clothing for school/work
- Tools for work

For more information please  
call 1(800)924-8091



# TANF Updates



MONTHLY CASH AID DOCUMENTS ARE DUE  
ON THE FOLLWOING DATESIN2023:

January 10, 2023

February 10, 2023

March 10, 2023

April 8, 2023

May 10, 2023

June 10, 2023

July 10, 2023

**August 10, 2023**

September 9, 2023

October 10, 2023

November 10, 2023

December 9, 2023

# Cash Aid Information & Reminders

All required documents for Cash Aid participants are mailed as a courtesy. It is always the participant's responsibility to make sure they submit their Monthly Eligibility Report (MER) and all other documents on time.

**\*Please note-** Due to COVID-19, documents CAN be emailed to the case counselor or site manager. You can also take photos of your receipts. Don't forget we have a mail slot on site for you to drop off your documents as well.

## Due Dates

- All MERs are due on the **1st of the month** and no later than the 10th.
- MER's received after the 10th are considered late and will result in a late payment. "Lost in the mail" or "late due to mail" will not be an acceptable excuse.
- If your MER is turned in after the 10<sup>th</sup>, please remember to complete a 10-day waiver form.
- MER's WILL NOT BE ACCEPTED BEFORE THE 1ST DAY OF THE MONTH, NO EXCEPTIONS.**

## Reminders

- If you would like to have Direct Deposit, ask your Case Counselor or Program Assistant for a form to take to your bank. This will help you receive your TANF payments in a more timely manner.
- ALL CHECKS WILL BE MAILED**
- Any and all events you see in this newsletter, that are facilitated by OV CDC (TANF/Family Lit./KIEC), are countable participation hours if approved to be on your FSSP. If you're not sure you've been approved or would like to be approved, please make an appointment with your Case Counselor before participating.
- Please provide at least a 24 hour notice when requesting a Benefit Summary or any other documents from your file.



## When Submitting your MER:

- Please remember to fill your MER out completely and sign/date
- Remember to submit proof of income (if applicable)
- Contact your Case Counselor (Magdalena Rodriguez) at 805.676.0750

## When Submitting Supportive Service Requests(SSRs):

- Please fill out form completely, including amount and provide a description.**
- Remember you must submit receipts**
- PLEASE be sure to PRINT your FIRST and LAST NAME on EACH RECEIPT you are submitting

JANE DOE

**WAL★MART**

Save money. Live better.

WE SELL FOR LESS  
MANAGER NICHOLAS SALAZAR  
( 806 ) 793 - 2091  
ST# 0861 OP# 00007000 TE# 67 TR# 09491  
32 LCD HDTV 088277705060 558.00 X  
YOUR PRODUCT HERE PRODUCT # HERE \$ HERE X  
ACI00LPHILUS 030122017745H 7.96 N  
SUBTOTAL 50.89  
TAX 1 8.250 %  
TOTAL 59.14  
DEBIT TEND  
CHANGE DUE 0.00

EFT DEBIT PAY FROM PRIMARY  
ACCOUNT : 2902  
TOTAL HERE TOTAL PURCHASE  
REF # 808400634510  
NETWORK ID. 0071 APPR CODE 408972  
DATE HERE 19:25:10

# ITEMS SOLD 3

TC# 2987 0531 6532 9182 0054 1  
New Products. Latest rollbacks.  
Sign up at Walmart.com/email  
DATE HERE 19:25:12



Have you recently experienced an emergency crisis or natural disaster situation? If so, OVCDC, may be able to assist in the short term.

**In order to be eligible, families must meet the following criteria:**

- Be an American Indian/Alaska Native family residing in Fresno, Inyo, Kern, Kings, Mono, Tulare or Ventura counties.
- Have monthly income at or below 300% of the Federal Poverty Guidelines:

| Family Size | Monthly Income |
|-------------|----------------|
| 1           | 3,645          |
| 2           | 4,930          |
| 3           | 6,215          |
| 4           | 7,500          |
| 5           | 8,785          |
| 6           | 10,070         |
| 7           | 11,355         |
| 8           | 12,640         |
| 9           | 13,925         |
| 10          | 15,210         |

2023 Federal Poverty Guidelines

- Provide verification of the need being requested. Examples include:
  - Short term mortgage or rental assistance
  - Short term utility or energy assistance
  - Clothing allowance
  - Other assistance that may be necessary due to your crisis situation

Please visit our website to download a TANF intake application or call at 1-800-924-8091 for further assistance.



# Owens Valley Career Development Center

OVCDC is a Tribal organization providing Career Education, Family Literacy, Indigenous Language, Early Head Start and Temporary Assistance services in seven California Counties: Inyo, Mono, Kern, Tulare, Kings, Fresno and Ventura. We are a dedicated Tribal Organization operating under a consortium of Sovereign Nations providing the opportunity for improvement in the quality of life by focusing on education and self-sufficiency while protecting, preserving and promoting our cultures.

**For current OVCDC Employment Opportunities,  
RFP and Contract Opportunities Visit:**

**[www.ovcdc.com](http://www.ovcdc.com)**

**Or Contact us:**

**[1-800-924-8091](tel:1-800-924-8091)**

**Employment and Job Descriptions:**  
**[hr@ovcdc.com](mailto:hr@ovcdc.com)**

**RFP's and Contracts:**  
**[contracts@ovcdc.com](mailto:contracts@ovcdc.com)**



Indian preference shall apply pursuant to the prevailing Tribal Employment Rights Ordinance and the Indian Self-Determination and Education Assistance Act 25 U.S.C § 45, § 46, & §§ 450, et seq, see also 25 CFR 276.13 and other relevant laws.

Follow us on  
**facebook**







# AFFORDABLE CONNECTIVITY PROGRAM

## WHAT IS IT?

The Affordable Connectivity Program is an FCC program that helps connect families and households struggling to afford internet service.

### The benefit provides:

- Up to \$30/month discount for internet service;
- Up to \$75/month discount for households on qualifying Tribal lands; and
- A one-time discount of up to \$100 for a laptop, desktop computer, or tablet purchased through a participating provider.

## WHO IS ELIGIBLE?

**A household is eligible for the Affordable Connectivity Program if the household income is at or below 200% of the Federal Poverty Guidelines, or if a member of the household meets at least one of the criteria below:**

- Participates in any of the following assistance programs: SNAP, Medicaid, Federal Public Housing Assistance, Veterans Pension or Survivor Benefits, SSI, WIC, or Lifeline;
- Participates in any of the following Tribal specific programs: Bureau of Indian Affairs General Assistance, Tribal TANF, Food Distribution Program on Indian Reservations, or Tribal Head Start (income based);
- Participates in the Free and Reduced-Price School Lunch Program or the School Breakfast Program, including through the USDA Community Eligibility Provision;
- Received a Federal Pell Grant during the current award year; or
- Meets the eligibility criteria for a participating broadband provider's existing low-income internet program.

## TWO STEPS TO ENROLL

# 1

Go to **AffordableConnectivity.gov** to submit an application or print a mail-in application

# 2

Contact your preferred participating provider to select an eligible plan and have the discount applied to your bill.

Some providers may have an alternative application that they will ask you to complete.

Eligible households must both apply for the program and contact a participating provider to select a service plan.

## LEARN MORE



Call 877-384-2575, or



Visit [fcc.gov/acp](https://www.fcc.gov/acp)





VENTURA  
COUNTY

# MENTAL HEALTH RESOURCES FOR TEENS AND FAMILIES



## FIND HELP:

- LOCALLY
- NATIONALLY
- EN ESPAÑOL

## A GUIDE FOR YOUTH AND THEIR FAMILIES LOOKING FOR HELP AND SUPPORT

### About these resources:

This list was created with Ventura County teens and families in mind.

Scan this QR Code for a **complete guide** to all the resources listed, what they offer, and links to their websites:



### Not sure where to start?

- Hotlines are a good option when you just want to talk.
- When you're ready for therapy, contact your local resources for availability.
- Check out the whole guide online for more tips on how to ask for help.

## NATIONAL HELPLINES

### Mental Health Crisis Text Line

Text HOME to 741741

### National Suicide Prevention Lifeline

Call 800-273-8255

Text HEARME to 839863

### Teen Line

Text TEEN to 839863 (6 p.m.–9 p.m.)

Or call 800-TLC-TEEN (6 p.m.–10 p.m.)

### The Peer-Run Warm Line

Call 855-845-7415

### The Trevor Project (For LGBTQ+ youth)

Call 866-488-7386

Text "Trevor" to 1-202-304-1200

(Thursday–Friday from 1 p.m.–5 p.m.)

### National Runaway Safe Line

Call 800-786-2929

### National Sexual Assault Hotline

Call 800-656-4673

### National Domestic Violence Hotline

Call 800-799-7233

Text "START" to 88788





# FREE TABLET & INTERNET

Public Wireless is committed to providing no cost tablets and internet to as many families as possible.

Here are a few ways you can qualify:

Lower income, government program participants (SSI, Medicaid, WIC, SNAP, FPHA, Lifeline, etc.) K-12 students attending schools that are CEP recipients or on Free or Reduced lunch programs, and College students with a Pell Grant. There are many other ways to qualify.

SCAN OR CLICK ON QR CODE TO APPLY



\*There is no risk or obligation to apply.\*

You will never receive a bill for the internet service.  
The tablet is yours to keep forever with no obligations or commitments.

## FRIENDS & FAMILY ARE WELCOME TO ENROLL



**NO COST** 10.1 inch Tablet with a Hardcase Cover and Screen Protector.



**NO COST** SIM Card that provides 24/7 LTE Broadband Internet Service. Does NOT need WIFI access.



Both SIM Card and 10.1 inch Tablet are **FREE** with NO Strings Attached for Qualified ACP (Affordable Connectivity Program) Applicants.

IF YOU HAVE ANY QUESTIONS OR CONCERNS PLEASE CALL  
1.800.286.5380



[PublicWirelessllc.com](http://PublicWirelessllc.com)



OVCDC Ventura Family Formation through  
Cultural Preservation presents:



# Chumash Šmuwič Language Class

Interested in learning Šmuwič?!

OVCDC Ventura will be hosting two weekly  
language classes from 4:30-7:00 pm. This  
class will be offered at the Ventura office  
and via WebEx.

Participants will learn greetings,  
introductions, language domains, and the  
cultural significance of tribal languages. By  
attending 13 out of 16 classes, you will also  
be eligible to attend our trip to Limuw!  
(Santa Cruz Island).

For questions, please email  
[smoreno@ovcdc.com](mailto:smoreno@ovcdc.com)

To register, please scan the QR code below,  
or email [sgambala@ovcdc.com](mailto:sgambala@ovcdc.com)





Owens Valley Ventura Tribal TANF  
Circles of Wellness Presents:



# BACK TO SCHOOL

*Backpack Event*

AUGUST 4TH \ 5:30-7:00pm  
AUGUST 7th and 8th \ 10am-3:00pm

WE ARE PROVIDING FREE  
BACKPACKS AND SCHOOL SUPPLIES!

JOIN US 8/4 FOR A DISASTER  
PREPAREDNESS TRAINING VIA ZOOM.  
WITH YOUR ATTENDANCE, YOU AND  
YOUR STUDENTS WILL BE ELIGIBLE  
FOR SCHOOL SUPPLIES THAT  
INCLUDES BACKPACKS, NOTEBOOKS  
BINDERS ETC. THE DISTRIBUTION OF  
SCHOOL SUPPLIES WILL BE HELD ON  
8/7 AND 8/8 AT THE VENTURA OFFICE.



FOR MORE INFORMATION PLEASE SCAN THE QR  
CODE OR EMAIL [SGAMBALA@OVCDC.COM](mailto:SGAMBALA@OVCDC.COM)

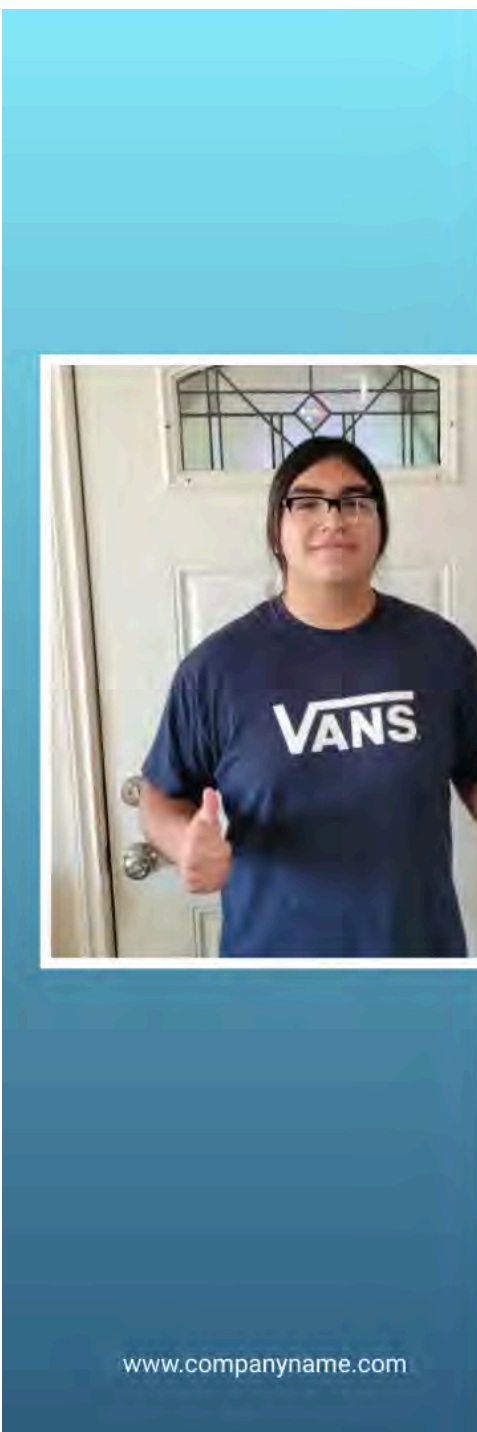
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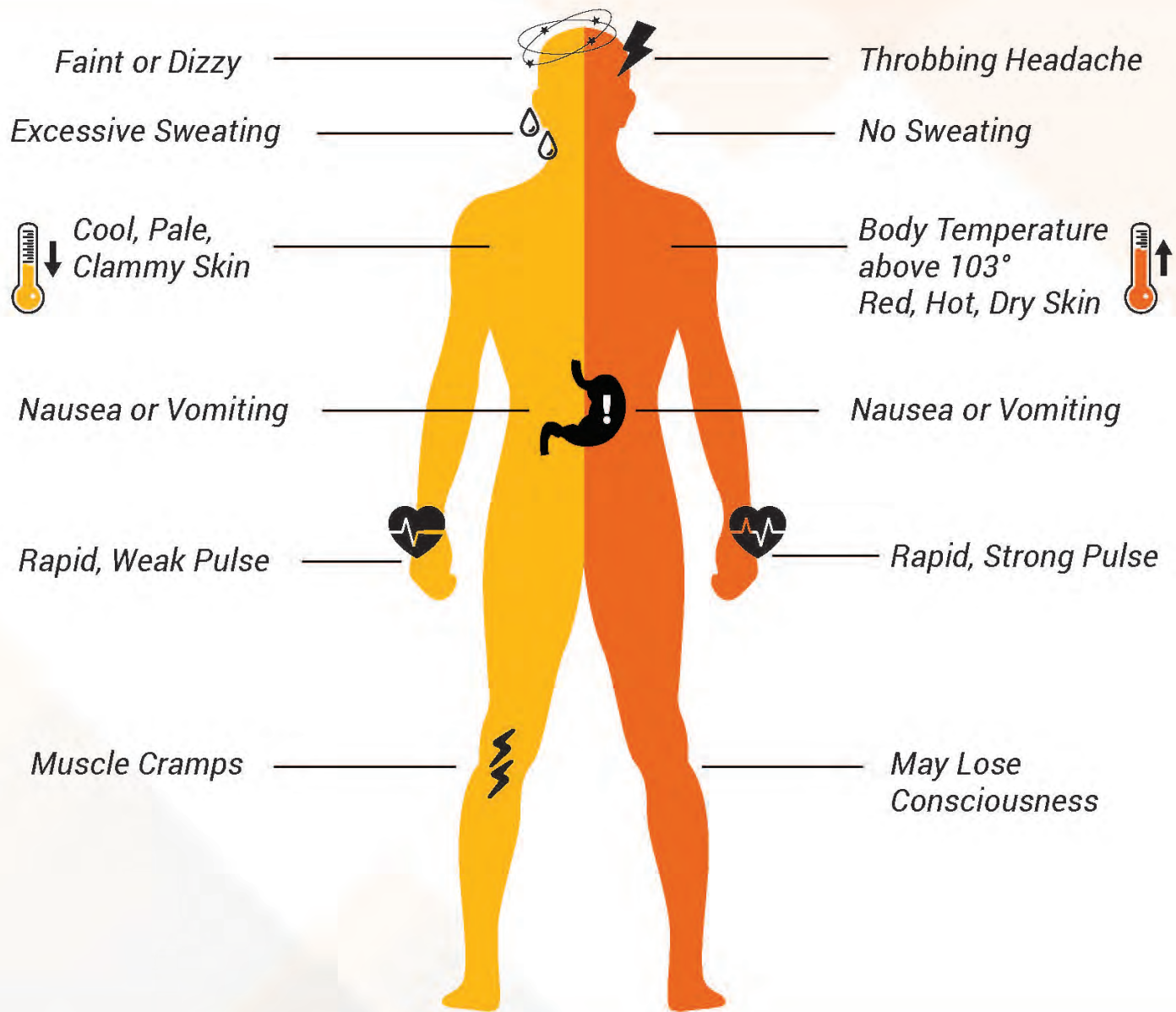
## Adrian Corella

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www.companyname.com



**KNOW THE DIFFERENCE!****HEAT  
EXHAUSTION****OR****HEAT  
STROKE**

- Get to a cooler, air conditioned place
- Sip water if fully conscious
- Take a cool shower or use cold compresses
- Lie down, loosen clothing

**CALL 9-1-1**

Take immediate action to cool the person until help arrives

## 2023

# Ventura Prevention Calendar



| Sunday | Monday  | Tuesday   | Wednesday                                       | Thursday  | Friday                                       | Saturday |
|--------|---|---|---|---|--|----------|
|        |   | 1   | 2<br>FF: Cultural Preservation<br>5:30-7:00 pm  | 3<br>FF: Cultural Preservation<br>5:30-7:00 pm  | 4<br>FF: Circles of Wellness<br>5:30- 7:00pm | 5        |
| 6      | 7<br>FF: COW Backpack Pick-up<br>10:00am-3:00pm | 8<br>FF: COW Backpack Pick-up<br>10:00am-3:00pm | 9<br>FF: Cultural Preservation<br>5:30-7:00 pm  | 10<br>FF: Cultural Preservation<br>5:30-7:00 pm | 11   | 12       |
| 13     | 14  | 15  | 16<br>FF: Cultural Preservation<br>5:30-7:00 pm | 17<br>FF: Cultural Preservation<br>5:30-7:00 pm | 18   | 19       |
| 20     | 21  | 22  | 23<br>FF: Cultural Preservation<br>5:30-7:00 pm | 24<br>FF: Cultural Preservation<br>5:30-7:00 pm | 25   | 26       |
| 27     | 28  | 29  | 30<br>FF: Cultural Preservation<br>5:30-7:00 pm | 31<br>FF: Cultural Preservation<br>5:30-7:00 pm |  |          |
|        |   |   |   |   |  |          |